PROGRAMME OVERVIEW

Learn Much More Than You Expect!

Early Childhood Education

* Art, music and movement, imaginative, dramatic and creative play
* Children’s’ literature
* Science and math’s, constructive, manipulative
* Sand and water play carpentry
* Structure/Roles of Helping Agencies
* Changing parenting and child raising patterns
* Programme planning

Infant Care

* Care of the newborn baby to 36 months
* Breastfeeding management, bottle feeding, Introducing solids
* Baby bathing, Teething, Supervision
* Nutrition, Immunization
* Pregnancy, Post Natal Depression, Monitors for at-risk babies
* Visiting babies to tutorials for practical demonstrations
* Settling young children Responsive care giving

Child Development

* A comprehensive understanding of the child from birth to adolescence.
* Conception and birth, attachment
* Physical, intellectual, social, language & emotional development
* Guiding children’s’ behavior
* Special needs
* Child observations and running records

Home Management

* Cleaning routines and home maintenance
* Organization skills
* Professional conduct in the home
* Appropriate use and understanding of home appliances
* Car Safety

Safety

* Water safety and survival, Home safety and security
* First Aid Certificate (pediatric)
* Traffic safety, children’s car seats
* Fire safety
* Playground safety, Toys and baby equipment

Professional Development

* Role of nanny, Professional ethics
* Interview skills, Employment Contracts, Job Descriptions
* Employer/employee relationships, C.Vs
* Self employment,
* Self-defense certificate
* Bi-culturalism Multicultural issues

Nutrition

* Selection, planning, preparation & presentation of children’s & family meals.
* Menu planning, Food sensitivities, Allergies
* Food processing & hygiene
* Good food habits for children
* Nutrition for babies, children of different ages, pregnant & lactating women
* nutritional goals

Health

* Communicable diseases, Childhood illnesses and conditions
* Caring for the sick child, baby massage
* Role of health professionals, Holistic health.
* Hospitalization of children
* Child protection
* Recognition of child abuse
* Dental Health,